

BOARD OF DIRECTORS

Trent Simpson
Norb Tennesen
Ed Ihns
Tim McCarthy
Jennifer Pope
Joy Symalla
Marilyn Craig
Chris Ernster
Rick Rudolph

ABOUT WOODBURY LIFE RESOURCE CENTER

We are able to offer STD tests, Pregnancy Tests, Ultrasounds, Material and Financial Assistance to those in need. Recently, we contacted Plan Express to check on their costs for similar services.

SERVICE	PLAN EXPRESS	WOODBURY PREGNANCY OPTIONS
Gonorrhea/Chlamydia Test	\$240	FREE
Pregnancy Tests	\$15	FREE
Ultrasounds	Not Available	FREE
Financial Assistance	Not Available	FREE
Material Assistance	Not Available	FREE
Parenting Education	Not Available	FREE

Planned Parenthood, the parent company of Plan Express, Woodbury, receives millions of government dollars. We are supported through your donation. Thank you for helping us be a place for men and women to turn when they need assistance. We offer hope, help and respect.

HAPPENINGS AT THE CENTER

Ultrasounds: Two women came into the Center. They felt abortion was their only choice. After getting an ultrasound and seeing their unborn children both have decided to continue their pregnancies. Praise God! We are able to offer them material and financial assistance. We have a tremendous responsibility to continue to support these women and their children. Their roads won't be without difficulties but they know they are not alone.

Mentoring: Recently, a nurse told one of our clients "You're a natural mother." This client credited the mentoring she received at our center for her developing parenting skills. She met with a mentor regularly for months learning how to care for an infant. After her child was born she applied what she learned.

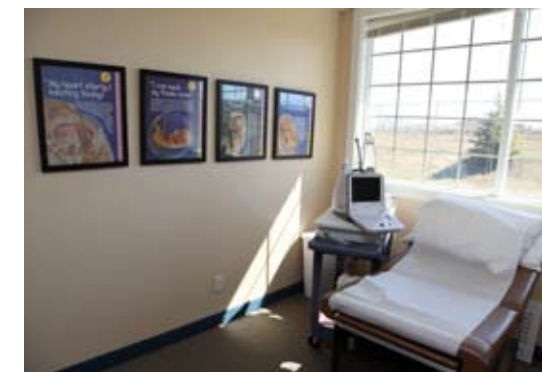
Our mentors form relationships with clients. One helped a client write a resume and develop a job hunting plan. Another went over first aid for infants. One is connecting a client with a bible study group. It is through love and relationships that we are able to make a real difference in our clients' lives. Mentoring is a powerful tool to create a relationship with our clients.

STD Tests: One client wasn't sure how many sexual partners she had. She felt it didn't matter because she was no longer a virgin. We talked about the dangers of her behavior and how she could lead a safer lifestyle going forward. She left with a commitment to change.

Your donation dollars make these programs possible. Together we can and do make a difference.



FOLLOW
WOODBURY FOR LIFE
ON:



OPEN ADOPTION: A SURPRISING GIFT

by Julie Reimann, an adoptive mother



I never knew much about adoption, and didn't think it would be part of my life until it became clear to my husband and me that we should consider adoption if we wanted to have more children. Three and a half years ago we held our healthy, newborn son when he was just an hour old at United Hospital in St. Paul. We are now happily raising our three beautiful children, two by birth and one by adoption. Each child in this world is truly a blessing, but it is with additional awe and gratitude that we take in the moments of laughter and wonder with our youngest son.

A surprising gift which came into our lives along with our son is a profound love and respect for his birth mother. Ours is an open adoption, meaning the communication channels are open for letters, emails, pictures, even occasional visits through the years. From the moment our son was with us we felt compelled to share him back. This is a feeling I never anticipated. We share a common love and mutual respect. She recently told us she has never regretted her decision. Thanks to adoption, she has had the opportunity to pursue her education, career, travel, love and a future marriage and family in a way which would not have been possible as a single mother. Meanwhile, we have had the blessing of another child to love and raise and make our family whole.

It seems to me that a huge obstacle to choosing adoption is the judgment of family or friends who say "How could you ever give up your child"? As we have witnessed, the choice of adoption is the furthest possible thing from "giving up". It is not surprising adoption is most often chosen by young adults who have a vision for their lives which inspires them to be courageous and resolute in the face of judgment. The women who make this choice are strong enough to say to the world "I want to have a family but not yet, not this way." She would have done a terrific job raising him but she chose us for him instead, and she chose a different and life-giving path for herself. I can't help but think of her sacrificial love when I hear the words "this is my body, which I have given up for you".



The next time you hear of a young person faced with an unplanned pregnancy it could possibly be your friend, niece or even your daughter. Imagine that. Prepare yourself. Commit now to withhold judgment and open hearts to the possibility of adoption. Let us nourish the lives of our young people and the lives of their unborn children by telling them they are both important. While I respect it may not be right for every situation, adoption is a beautiful decision enriching the lives of young parents, children, adoptive families and our community all at once. Adoption has changed our lives and the lives of everyone who knows our son and our story. It is an amazing choice of strength and selfless love.

“ Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has. ”

--Margaret Mead

“ If you give young people a life-directing message now, they won't need a life-changing message later. ”

-Matthew Kelly, 1000 Friends School Project



I'VE BEEN VOLUNTEERING FROM WORK FOR OVER A YEAR

I started simply, by volunteering 30 minutes of my monthly paycheck from teaching to Woodbury Life Resource Center.

Last month I have found some time to volunteer in the center too.

Join me. Woodbury Life Resource Center needs 65 more of us to donate 30 minutes of our monthly paycheck. When we do we're not only getting our job done, we're saving lives at the same time!

-MacAllister Carver

WHAT'S IN A NAME?

Woodbury Life Resource Center/Pregnancy Options. The long name may sound complicated, there's a reason for it. We have two identities serving two different groups

Woodbury Pregnancy Options defines what we do to serve clients who are thinking about abortion. We provide facts about the options available to them. We provide education about abortion procedures and the after-effects. We educate clients on how adoption looks in 2011. We also present the parenting option. We empower clients with education and resources to become an effective parent. The name Woodbury Pregnancy Options helps reflect that mission. We have a website www.woodburypregnancy.com for further information

Woodbury Life Resource Center reflects our prolife mission to be a resource to the community on all life issues. Our website www.woodburyforlife.com and facebook page, woodbury for life, provide information about our cause. Check them out and "like us" on our facebook page to get updates on what's happening in the prolife movement and at our center.

MARK YOUR CALENDARS

OCTOBER 4, 2011

Prestwick Golf Course, Woodbury

Celebration of Life Gala, Table hosts and underwriters needed.

NOVEMBER 8, 2011

Transfiguration Church, Oakdale

Jason Evert, "How to Raise a Chaste Teen."

Parents learn about issues facing teens today from a nationally renowned speaker.

NOVEMBER 9, 2011

St. Rita's Church, Cottage Grove

Jason Evert, "Romance without Regret"

a nationally recognized abstinence speaker will speak on how to avoid the pitfalls of STD's, broken hearts, unexpected pregnancies and lead a life closer to God's plan.

Don't miss this important opportunity to educate yourself and your teen.